

To develop our PSED skills, we will:

- Develop an understanding of our daily routine and behaviour expectations.
- Develop their sense of responsibility and membership of a community.
- Talk about their feelings in more elaborated ways: "I'm sad because..." or "I love it when ...".
- Talk about themselves confidently. - What do they look like? What do they like?



Our circle time discussions will include:

- Emotions - Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. - Linked to the Colour Monster.
- Marvellous Me! - What makes us special and unique?
- Families - What does our family look like?
- Healthy foods and making healthy choices.
- Dental hygiene. - How to look after our teeth.
- Seasons - Autumn - What happens in autumn?

In P.E. we will be:

- Be taking part in obstacle courses. We will be encouraging the children to move their bodies in a range of ways to complete the different challenges set. They will be slithering, crawling, balancing, rolling, running, jumping, skipping, and hopping.
- Be taking part in music and movement activities.



As readers and writers ,we will:

During our topic we will be sharing stories about how people and families are all different and emotions. We will be discussing the stories in groups and during our 'busy bee' time. Some of the stories we will be looking at are: The Colour Monster, It's OK to be different, Only One You, We are all different, What makes me, me?

What we will be learning:

- The children will begin to learn the 'Squiggle Whilst You Wiggle' movements.
- Begin our phase one Phonics journey. Focusing on traditional nursery rhymes.
- How to use books appropriately in our reading spaces.
- How to use The Message Centre. - Exploring marks and putting meaning to our marks.

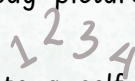


As mathematicians, we will:

- Categorising objects into groups according to properties, such as shape, colour and size.
- Developing an understanding of the days of the week, learning the days of the week song.
- Exploring size, using mathematical terms. The children will be measuring and comparing their heights when creating their 'whole body' picture.

As artists and designers, we will:

- Use a variety of materials to create a self-portrait. We will be thinking carefully about what we look like, using mirrors to look at ourselves in order to create our pictures.
- When using the paints, we will look at what happens when the paints are mixed together, introducing the children to colour mixing.
- Explore playdough, manipulating it to represent our ideas, using our hands and a selection of tools. We will add different materials to the play dough to support the children's imagination.



Exploring the world, we will:

- Be looking at what we look like and how we are different to others.
- Be looking at our families and what makes a family. We will be creating family portraits.
- Looking at significant events in the children's lives, birthdays, weddings, baby brother or sister, moving house.
- Looking at who might help us in the community.
- Learn about where we live. - Explore maps.



As musicians we will:

- Learn to sing or sing along with nursery rhymes and action songs.
- Sing and learn to play instruments within a song.
- Begin to learn songs linked to our daily routine.
- Begin to move to different types of music.



Growing together, hand in hand

Marvellous Me!

What does it look like?



Our First Topic: Marvellous Me!

This half term, we are starting a very special journey all about ourselves. Together, we'll be celebrating what makes each of us unique, from our families and friends to the things we like and the amazing things our bodies can do!

Through play, stories and exploration, we'll learn to talk about our feelings, notice how we grow and change, and discover the similarities and differences that make us all so wonderfully individual.

We'll also explore how to keep ourselves happy and healthy, through exercise, food, rest, and taking care of one another.

Get ready for a half term filled with curiosity, creativity and confidence-building as we shine a spotlight on the most important topic of all...

Marvellous Me!

AT HOME Challenges-

- **Independent skills:** Encourage the children to put on their coats.
- **Literacy: Share a bedtime story daily.** Talk to the children about the illustrations in the book. What do they think is happening from the picture? What might happen next?
- **Sing traditional nursery rhymes together.** - Nursery rhymes are extremely valuable to support language and communication skills, build confidence and prepare children for reading and writing as they get older.
- **Independent skills:** Encourage children's independent skills when using the bathroom. - Independent hand washing.